

Hand Hygiene with Soap and Water

1. Remove jewelry. Wet hands with warm water.



2. Add soap to palms.



3. Rub hands together to create lather.



4. Cover all surfaces of the hands and fingers.



5. Clean knuckles, back of hands and fingers.



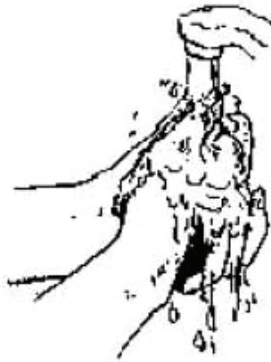
6. Clean the space between the thumb and index finger.



7. Work the fingertips into the palms to clean under the nails.



8. Rinse well under warm running water.



9. Dry with a single towel and then use towel to turn off water tap.



Minimum wash time 10-20 seconds